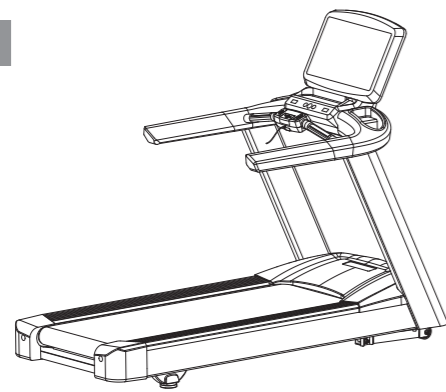


## Series

- AT6000 LED
- AT6001 TFT
- AT6002 LED+NFC



## Basic Specification

Dimension :	LENGTH 216.8 CM (85.4 in)
	WIDTH 93.6 CM (36.9 in)
	HEIGHT 161 CM (63.4 in)
Weight :	LED 185 KG (407.9 lbs)
	TFT 210.5 KG (464.1 lbs)
Max User Weight :	183 KG (403 lbs)
Running Area :	56 × 150 CM (22 × 59 in)
Motor :	3.0 HP AC
Voltage :	<input type="checkbox"/> 110V 60Hz <input type="checkbox"/> 220-240VAC · 50/60Hz
Speed :	0.8~24 (kph) / 0.5~15 (mph)
Incline :	0~15%, 30 LEVEL

## Basic Configuration

Hand-Grip Heart Rate Device : YES  
 Wireless reception Device : 5 KHz · BLUETOOTH · ANT+

## Workout Programs

Basic	MANUAL
	RANDOM
	CROSS COUNTRY
	WEIGHT LOSS
	INTERVAL 1-1
	INTERVAL 2-1
HRC	HILL
	TARGET HR GOAL
	FAT BURN
	CARDIO
	HR HILL
	HR INTERVAL
ADVANCED	EXTREME HR
	HILL CLIMB
	AEROBIC
	INTERVAL 1-4
	INTERVAL 1-2
	EZ INCLINE
GOAL	MARATHON MODE
	CALORIE
	DISTANCE 1.6K
	DISTANCE 5K
	DISTANCE 10K
FIT TEST	ARMY
	NAVY
	USAF
	USMC
	WFI
CUSTOM	CUSTOM × 2
USER	USER × 2
CLOUD RUN	CLOUD RUN

## Regular Maintenance

Keep treadmill and environment clear to decrease maintenance issue effectively. Highly recommend to follow below instruction for preventive maintenance purpose. Attention: Please unplug power during maintenance stage.

### Daily Maintenance

- 1) Please wipe treadmill, motor cover, console and display console set with clean cloth. Do not use any detergent.
- 2) Please check if power cord is damaged. Please contact local distributor or customer service departments for any damage.
- 3) Please make sure the power cord is not pressed by treadmill or jammed anywhere.
- 4) Please check if there is any stain that can affect operation of the belt.
- 5) Please check belt tension. Make sure the uncalibrated belt will damage other component on treadmill.

### Weekly Maintenance

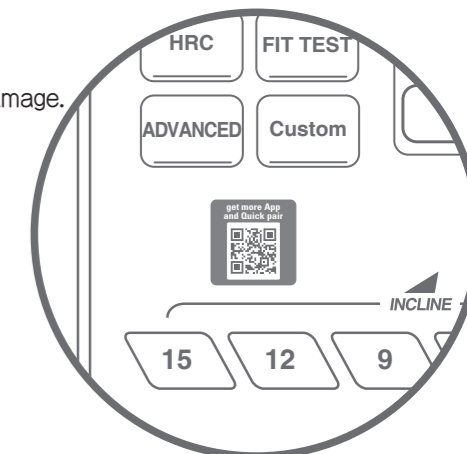
- 1) Please clean the dust and stain underneath the treadmill.

### Monthly Maintenance

- 1) Please make sure all screws are securely locked.
- 2) Please check if there is any loose or missing component.

### Yearly Maintenance

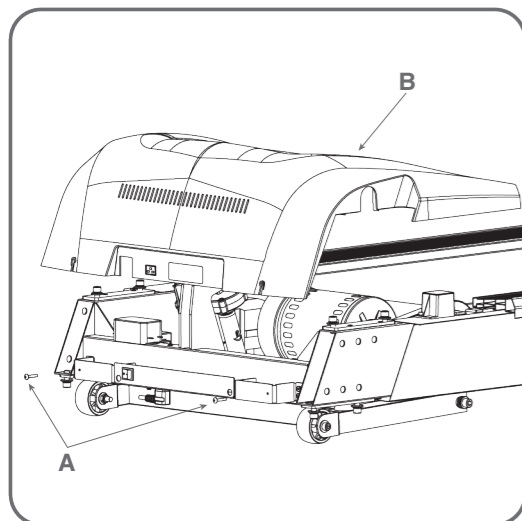
- 1) Please lubricate the shaft of metal parts, deck, and belts every year to ensure normal operation.



### CAUTION

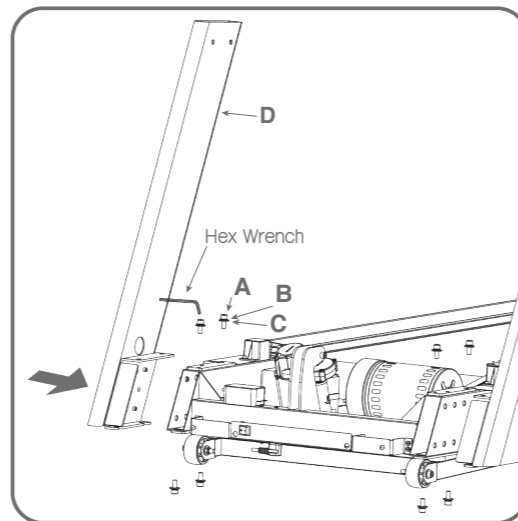
Before using this treadmill, please use your mobile phone to scan the QR code to login and download user manual. Read the instructions. Please go through All safety precautions instruction in details and keep this manual in a safe place for future reference.

## Assembling Steps



Step 1				
Parts	Illustration	Type	Description	Qty
A		Screw	Phillips round head screws (M5x30L)	2
B		Cover	Motor Protection Cover	1

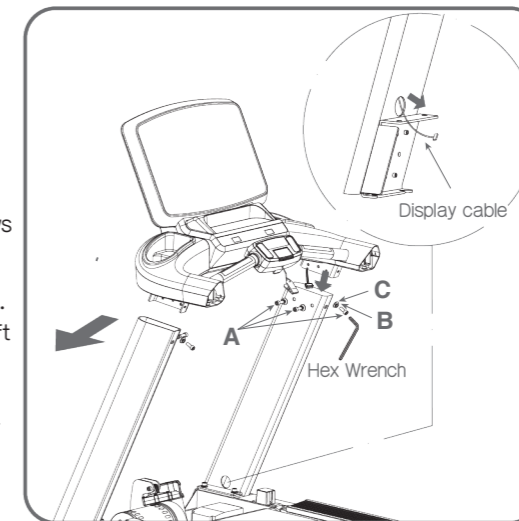
- 1) Please loose two screws in front of motor.
- 2) Please remove motor protection cover.



Step 2				
Part	Illustration	Type	Description	Qty
A		Screw	M10xP1.25x25L	8
B		Washer	Spring Washer φ10x1.5T	8
C		Washer	Flat Washer φ10xφ25x2T	8
D		Tube	Tube (R & L)	2

- 1) Take out two upright sets.
- 2) Put right upright near display console.
- 3) Please use the top and bottom of two screws each from part A to connect from upright to display console. Please confirm that the screws and washers are positioned and partial tightening.
- 4) Please repeat steps 3~4 to complete the left display console and upright support.

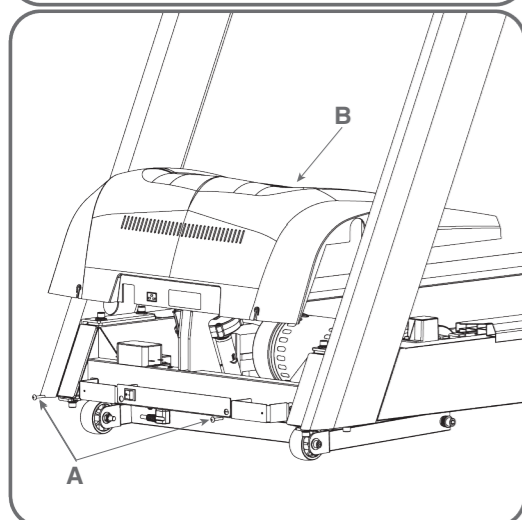
Remark :  
 Some parts are pre-lubricated for easy assembly by the user. Do not wipe off any oil. If you have difficulty in assembly, you can use a little lubricant to assist in the assembly of the parts. It is recommended to use lithium-based lubricants for bicycles.



Step 3				
Parts	Illustration	Type	Description	Qty
A		Screw	Hex Socket Screws M10xP1.25x25L	6
B		Washer	Spring Washer φ10x1.5T	6
C		Washer	Flat Washer φ10xφ25x2T	6

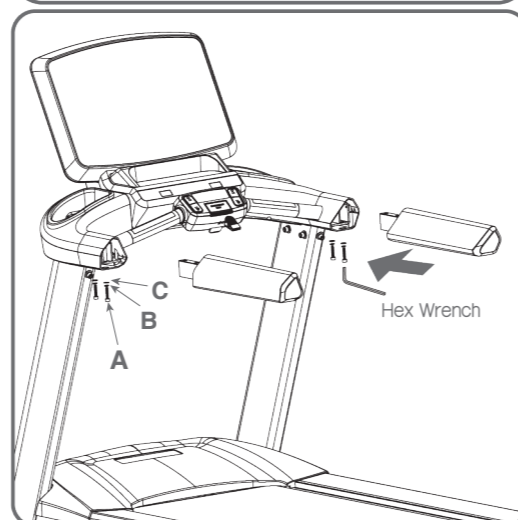
- 1) Take out handle bars.
- 2) Route the right console cable through the right upright support and pull it out under display console, please see enlarge photo as reference.
- 3) Fix display cable on top of display console, secure the screw on front handle bar fixing plate and upright supports.
- 4) Please repeat steps 3, please confirmed that all screws are positioned and partial tightening.

Remark :  
 When installing handle bars, it is easier to put uprights on both sides outwards.



Step 4				
Parts	Illustration	Type	Description	Qty
A		Screw	Phillips round head screws (M5x30L)	2
B		Cover	Motor Protection Cover	1

- 1) Please close the motor cover gently.
- 2) Please tighten two front screws.



Step 5				
Parts	Illustration	Type	Description	Qty
A		Screw	Hex Socket Screws M8x1.25x35L	4
B		Washer	Spring Washer φ8.68xφ12.88	4
C		Washer	Flat Washer φ8.5xφ16x1.5T	4
D		Hand-Rail	Handrail Set (Right & Left)	2

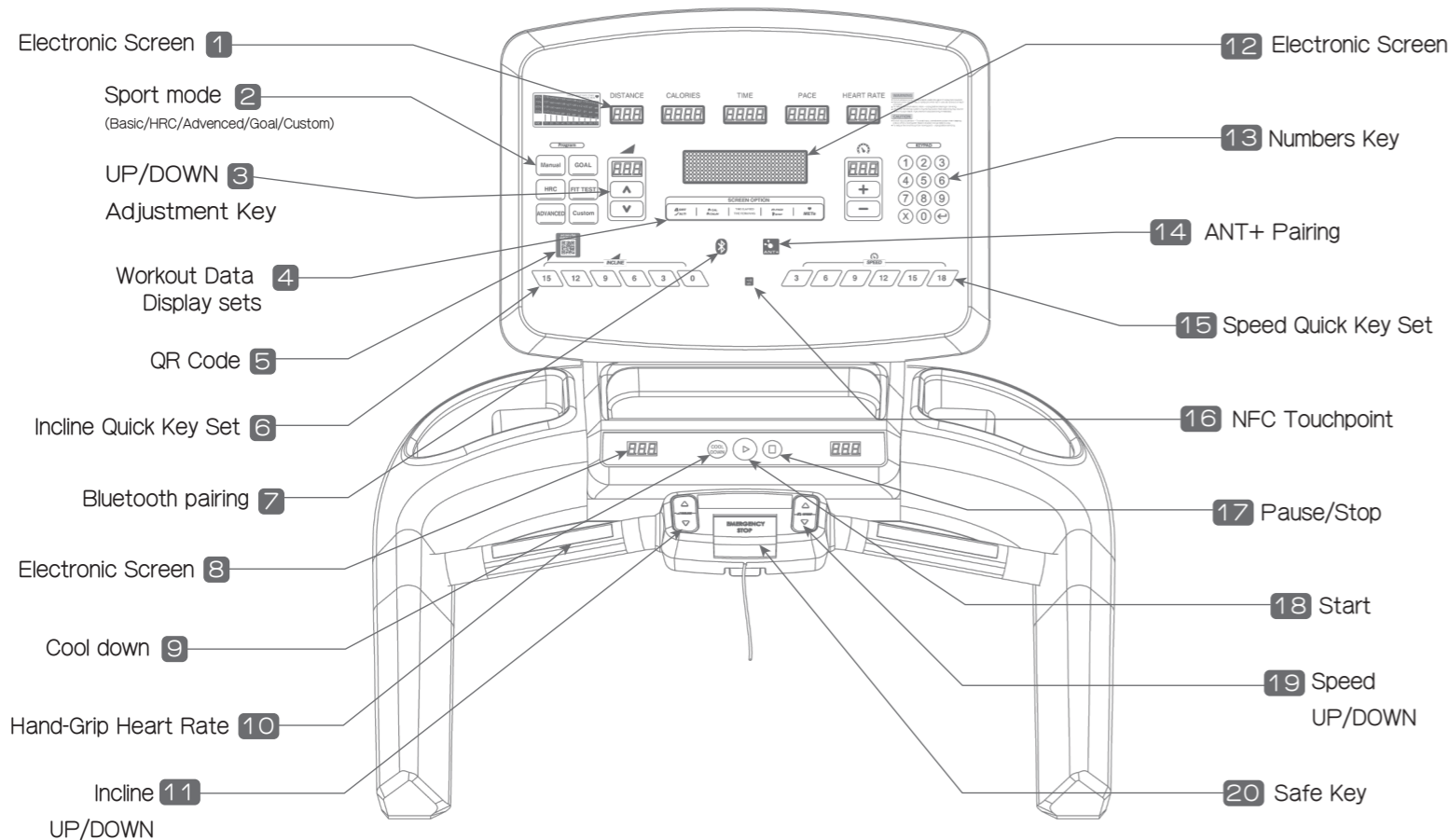
- 1) Take out handle bars.
- 2) Insert the handle bars into display console set and also insert screws through handrail fixing piece beneath handle bars and display console, please tighten screws partially.
- 3) Please repeat step2 to install in upright position from right side of console bracket completely.

<b>Attached tool</b>	<b>Spare Parts</b>	Spring Washer Ø8.68x12.88x8pcs	Spring Washer Ø10x1.5Tx14pcs	Cylindrical Socket Head Cap Screw M10xP1.25x25Lx14pcs
<input type="checkbox"/> Hex Wrench	<input type="checkbox"/> Power Cable			
<b>Assembled parts</b>	<input type="checkbox"/> Silicone Oil × 1	Spring Washer Ø8.5xØ16x1.5Tx8pcs	Flat Washer Ø10xØ25x2Tx14pcs	Cylindrical Socket Head Cap Screw M8xP1.25x35Lx4pcs
<input type="checkbox"/> Console Set × 1	<input type="checkbox"/> Quick Guide × 1			
<input type="checkbox"/> Handle Bars × 2(R & L)				
<input type="checkbox"/> Console Support × 2(R & L)				

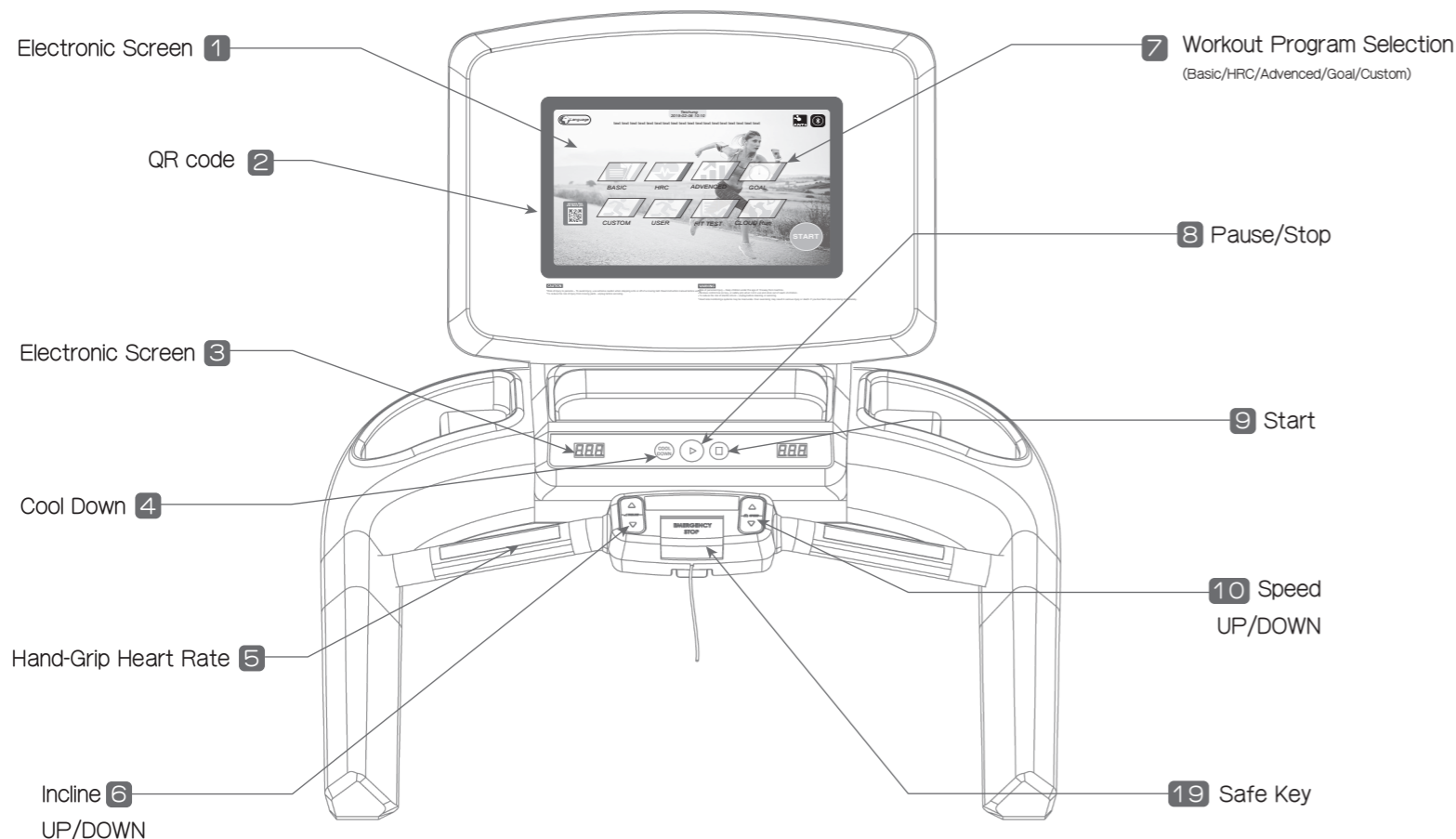
- Unauthorized service personnel are prohibited from removing the cover screws.
- When assembling each step, make sure that all nuts, screws, and components are positioned and partially tightened before proceeding to the next assembly step.
- Some parts are pre-lubricated for easy assembly by the user. Do not wipe off any oil. If you have difficulty in assembly, you can use a little lubricant to assist in the assembly of the parts. It is recommended to use lithium-based lubricants for bicycles.
- When assembling the machine, do not assemble it alone. Some components are too heavy, and single assembly may cause components to fall and damage, resulting in potential damage or injury. It is strongly recommended that the treadmill can be assembled by two people or more during installation.
- Please must follow assembly instruction to lift or move the machine. Do not remove or lift the machine from the package in any way.
- Please pay highly attention to follow the instructions, otherwise, it may result in personal injury or damage to the machine, so be careful.



## Panel button operation instructions



## Panel Button Operation Instructions



## Preparation before use

Treadmill is a simple and effective fitness equipment, it's shortcut to achieve personal health goal.

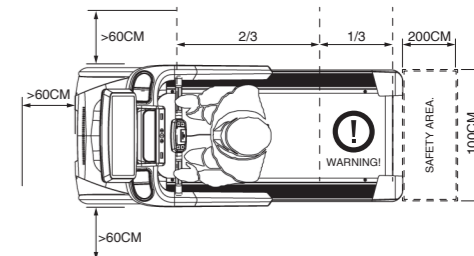
Treadmills are aerobic exercise, aerobic exercise provide benefits to weight loss, promotes cardiopulmonary function, increases muscle tone, and increases basal metabolic rate. The key to achieve these benefits is to develop good exercise habits. This treadmill can help you build a healthy exercise at home.

Please evaluate your physical condition before the exercise and pay attention to following instruction :

- 1) Do warm-up before start running. Warm-up can help stretching your muscles and avoid sports injury.
- 2) Wear sneakers with a gum sole. This can relieve the pressure to knees efficiently during the workout.
- 3) Please focus on your workout and please attach the safety clip to your clothing, please also pay highly attention to your safety to use smart device or any media player to watch TV/magazine during workout as this may lead to sport injury caused by poor posture.
- 4) Please increase your running speed gradually. Release your grip on the handrails at a comfortable speed.
- 5) We recommend to limit your exercise to 30~60 minutes. Excessive exercise may result in knee injury or other potential injuries.
- 6) Decrease your speed from a fast walk to a slow walk for a gradual recovery when your workout is coming to the end. DO NOT leave the deck immediately after finishing workout to avoid dizziness.
- 7) Under emergency circumstances, user cannot stop running treadmill, please jump off side stripes instead of running belt.

## Treadmill Location

Please place treadmill on a level ground. Clearance requirement: 60cm at the rear, 60cm at left and right sides and 6 cm at the front. DO NOT place the machine in front of the indoor/outdoor vent, in the garage, in the open yard, outdoors, or near the water supply.



### CAUTION

- Please use treadmill on a stable and level ground.
- For your safety, running area is in the front 2/3 running belt area, please DO NOT run in the rear 1/3 running belt area.

### CAUTION

DO NOT stand on the machine belt with your feet. Please stand on foot rails when starting the machine. Please start walking on the treadmill only when the belt starts moving. DO NOT start the machine with the fast run speed. DO NOT try to jump on the machine in any circumstance.

## Safe Key

The machine will not start operating until the safety key is correctly inserted into the port. Always attach the safety key to your clothing during workout. The safety key is the device to ensure your safety, the emergency stop cutting off the power in case runner accidentally falls down on the treadmill. Please check every 2 weeks to ensure the safety key work functionally.

## Correct Use Of Safe Key

Start with slow speed and gradually increase the speed to a comfortable level. DO NOT let the machine run by itself. Please pull out the safety switch, turn the power off and unplug the power cord when not in use. Please start the machine with slow speed. Stand on foot rails first and try to turn your trunk or lean forward. Please stop using any sport equipments including the treadmill immediately once you feel any dizziness, pain, exhaustion or difficult breathing.

## Power On

Make sure the power cord of the treadmill is correctly plugged in. The indicator should light up when the power is on. The digital screen will light up after the beep; 3 seconds after the machine enters standby status, you can press "Start" twice to proceed to fast exercise or select exercise mode and set up your treadmill to operate at low speed.

### WARNING

- Heart Rate detection accuracy is not intended to match medical devices.
- User may cause serious injury or death if doing excessive exercise. If you felt dizzy, pain, exhausted, breathless, please STOP using treadmill or related fitness equipment.

### CAUTION

- DO NOT use the machine without using the safety clip. Please attach the safety clip to your clothing before the workout. Try to pull out the safety switch and make sure the clip does not fall from clothing.
- Damaged power cord or outlet may lead to irregular machine operation and personnel injury. Please stop the operation or workout immediately if this occurs.

## Warranty Card

Assembly Date \_\_\_\_\_

Model Number \_\_\_\_\_

Series Number \_\_\_\_\_



M D

Distributor Stamp

Please keep this warranty card in a safe place. The following precautions can guarantee your warranty:  
1) The warranty card is not duly filled and stamped by the Authorized Dealer/Company, the warranty is not applicable. Below condition is not limited,  
• the invoice is proof of date of purchase  
• Distribution documents can provide relevant proof of purchase  
2) Please show the proof of this warranty card when repairing.  
3) Within the warranty period, please contact the dealer or authorized service center by the company.  
4) Please keep this Warranty Card in a safe place.  
Manufacturer Address:  
NO.405 Tongxin Rd, Tongxiang Economic Development Zone Zhejiang 314500, China.

Exploded View

